



Dear Parents/Families:

I hope the summer has been enjoyable for you. Here are a few reminders regarding student health that need to be addressed before school starts.

Immunizations:

Please be sure your children's immunizations are up to date before school starts. You can contact your clinic/provider for this information. Additional immunizations received during the school year should be reported to the school nurse as well.

Requirements for Kindergarten Students:

- 4 doses DTaP/DTP/DT
- 3 doses Polio
- 3 doses Hepatitis B
- 2 doses MMR
- 2 doses Varicella (chicken pox)

Evidence of immunity through lab testing of measles, mumps, rubella, varicella, and hepatitis B is also acceptable. If your child has had chickenpox, proof of illness from a healthcare provider will also be accepted. Parents choosing not to vaccinate their child will need to complete a waiver and return that to the school.

Requirement for Students Entering 6th Grade:

- 1 dose of Tdap (tetanus, diphtheria, and acellular pertussis).
- If your child has received a tetanus-containing vaccine in the past five years, they are exempt from this requirement. Proof of either is necessary. Parents choosing not to vaccinate their child need to complete a waiver and return that to the school.

Medications:

Non-prescription medications must be provided by the parent in its original container. Tylenol, ibuprofen, Benadryl, etc. will NOT be provided by the school. All medication must be checked in and kept in the school office. Dosage requests from parents that are greater than package recommendations will not be administered without a doctor's order (see prescription medications). Medications will not be administered if they are not in their original container and written parent permission is not received. Paperwork is available in all school offices and on the website. There are PowerSchool instructions on the website for parents to give consent for non-prescription medication.

Prescription medications must have a signed order from the health care provider and parent's written permission before they can be administered. Medication must be in its original container from the pharmacy. At no time is a student to carry or administer their own medications without the proper paperwork and permission forms completed. Paperwork is available in all school offices and on the school website.

Medical Conditions:

Children with medical conditions such as diabetes, epilepsy, severe allergies, asthma, etc. that require additional supplies, need to have all necessary supplies and equipment to the school before the first day of school. Children with diabetes are encouraged to have a snack supply kept in the nurse's office to treat low blood sugar, in addition to a snack they keep close to them. It is also encouraged that Glucagon (any prescription treatment for hypoglycemia) is kept at the school. Please make sure all forms are complete and medication and testing supplies are at the school by the first day. Children with allergies that require an Epi-Pen need to supply their own pen for school. The pen and forms, including the physician form and an allergy plan, need to be at the school by the first day. Please inform the school of any new or changed health conditions. This information is very important in the daily care of your child.

Nurse Office Visits:

I am available at all schools daily. In the event of an emergency or medical need, I can be contacted immediately by staff and be at the needed location within minutes. When care is given to a child beyond minor cuts or scrapes, I will contact the parent/guardian by phone call or note, as deemed necessary. When it is determined that your child is ill enough to be sent home, you will be contacted by phone. Please make sure your contact information is up to date.

Illness/Absence:

Please contact the school office in the morning if your child will be absent and inform them why he/she will not be attending. If your child has been ill, he/she should be free of a temperature for 24 hours (100.4 or greater) or symptoms of a fever (chills, flushed appearance, feeling warm, or sweating), without the use of fever-reducing medications before returning to school. The Wisconsin Department of Health Services guidelines is used for communicable illnesses at school.


Screenings:

Vision and hearing screenings are conducted on select grade levels and as requested by a teacher or parent. The Northlakes Dental clinic will also be offering dental screenings and sealant. A permission slip will be sent home at the beginning of the year.

Influenza:

At this time we expect that Public Health will be offering vaccination clinics at the school. This has been held in late October/early November. Information and consent forms will be sent home when the date is set.

I ask for your assistance in controlling the spread of all illnesses by keeping your child home if they are not feeling well or are exhibiting symptoms of illness. Your willingness to help in this small way will keep everyone healthier. Contact me anytime if you have questions or concerns.



Mrs. Kristin Olson, BSN, RN
School Nurse